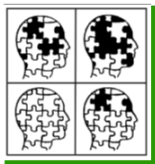


Brain Injury Coalition & Disability Action Center
Waterland-Breslauer Building. 341 Broadway, Suite 311
Chico, CA, 95929



August



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1).	2).
3). Art from 10 am-12 pm	4).  Social Comm class from 10am-11:30am Music Therapy in Redding 3:30 to 4:30	5).  *Book Club from 10:15-11:30am  *Music Therapy from 3:30-5pm: singing and percussion!	6).	7). TBI Peer Support Group 11:30 to 1:00	8).	9).
10).  NO Art Therapy	11).  Social Comm class from 10am-11:30am	12).  *Book Club from 10:15-11:30am	13).	14). Thresholds 3:00 to 4:30 meet at MONCA MONCA Art reception 6 to 8pm	15).	16).
17).  *Art from 10am-12pm	18).  Social Comm class from 10am-11:30am	19).  *Book Club from 10:15-11:30am  *Music Therapy from 3:30-5pm: singing and percussion!	20)	21).	22).	23).
24).  *Art from 10am-12pm	25).  Social Comm class from 10am-11:30am	26).  *Book Club from 10:15-11:30am	27) *Redding Support Group from 1-2 pm	28).  TBI Peer Support Group from 11:30am-1pm	29)	

-  **Art Therapy:** Phone number is (530) 370-1285 and is located at 1459 Humboldt Rd, STE. B. This month we are working on pieces that will be displayed in the MONCA Art Gallery!

- 🎵 **Music Therapy:** Email rachel@haleymusictherapy.com and located at 2550 Floral Ave, Chico
- ❤️ **New TBI Peer Support Group:** Join us for our brand new peer support group where we meet and create connections with each other and ourselves! Meet us on August 7 and August 28 from 11:30-1pm for an open discussion at 1161 East Avenue in the Conference Room. Call (530) 893-8527 if you are interested
- 📖 **Book Club:** Phone number is (530) 342-3118 and located at Waterland-Breslaier Building. 341 Broadway, Suite 402 Conference room. We are currently reading The Berry Pickers by Amanda Peters
- 📅 **Thresholds:** Every Second Friday of the month
This month **Friday, August 14 Thresholds** will meet at MONCA museum, 900 Esplanade from 3:00 to 4:30 and tour the Art exhibit. We will pay the \$ 5.00 entry fee. MONCA ART reception will be from 6 pm to 8 pm that same day for those that want to attend the reception later with no entry fee..
- 🎵 **Music Therapy in Redding:** Join us for music therapy in Redding at 2440 Athens Ave, Redding CA, from 3:30-4:30. We will play music with percussion instruments, learn vocal warm ups, and more!
- 👥 **Redding Peer Support Group:** Every 4th Thursday of the month from 1-2pm at 2440 Athens Ave in Redding CA. This group meets to support one another, socialize with people in the community, and learn about traumatic brain injuries. Contact kalens@actionctr.org or call (530) 242-8550 if you are interested!